

## CYPRESS GROUP CONSCIENCE MEETING

December 3, 2012

Opened at 7:45 p.m. with the Serenity Prayer

### New Business

#### 1. Election of Group Officers for 2013

a. **Chair:** Susan K.

b. **Co-Chair:** Lee A.

c. **Secretary:** Suzanne D.

d. **Treasurer:** Missy F.

e. **GSR:** ~~Nicole S.~~ Drew

f. ~~Co-GSR: Jeanne P.~~

g. **Intergroup Delegates:** ~~Barbara & Jim M.~~ Kevin

Meeting adjourned at 8:05 p.m.

Next regular Group Conscience Meeting to be held January 28, 2013 at 7:40 p.m.

## CYPRESS GROUP CONSCIENCE MEETING

October 29, 2012

Opened at 7:35 p.m. with the Serenity Prayer

Minutes from July 30, 2012 group conscious and September 5, 2012 emergency group conscious read by Gram J. and accepted.

Treasurer's report read by Missy F. and accepted.

1. Average monthly expenses were \$2351.
2. Average monthly incomes were \$3053.
3. Reserve is approximately \$8000.

### Old Business

**1. *Dry Marker Board for Meetings and Chairs***

Board has been obtained and is ready to post.

### New Business

**1. *Monthly Group Conscious***

Motion made and denied that group conscious will meet monthly.

**2. *Purchase of Twelve and Twelves***

Tabled.

**3. *Anniversary Celebration for January 1, 2013***

Motion made and approved to have an anniversary celebration.

**4. *Anniversary Committee Chair***

Motion made and approved that Barbara M. would chair the anniversary committee.

**5. *Holiday Schedule***

Motion made and approved that the group would remain open from 10:00 a.m. to 10:00 p.m. on Thanksgiving, Christmas Eve, Christmas, and New Year's. Nicole S. volunteered to coordinate staffing.

**6. *Morning Meeting***

Motion made and approved to begin a new meeting on Wednesday mornings at 7:00 a.m.

7. ***Night Watch***

Motion made and approved to participate in Intergroup's Night Watch on Christmas Day of 2012 if necessary and definitely participate on Christmas Day of 2013.

8. ***Hospitality Suite at Intergroup's 50<sup>th</sup> Anniversary***

Tabled.

9. ***Seating Arrangement***

Motion made and approved to maintain current seating arrangement.

10. ***Literature Study***

Motion made and approved to begin a literature study on Wednesdays at 8:00 p.m.

11. ***Supply Person***

Randy volunteered to be the supply person and will look into getting a Cypress group tax-free card from Sam's Club.

12. ***Website Meeting Listings***

Jeannie will look into whether the listings on the Intergroup website are correct.

13. ***Officer Elections for 2013***

Motion made and approved to hold a special group conscience on December 3, 2012 at 7:30 p.m. to elect the group officers for 2013.

Meeting adjourned at 8:30 p.m.

Next Group Conscience Meeting to be held January 29, 2013 at 7:40 p.m.

## CYPRESS EMERGENCY GROUP CONSCIENCE MEETING

September 30, 2012

Tim F., co-chair, substituted for Lance S. (chair)

Opened at 7:40 p.m. with the Serenity Prayer

### **New Business**

#### **1. *Chair Persons Not Showing Up For Their Meetings***

Motion made and approved that chair persons need to announce that they will be turning their meetings over to new chair persons two weeks prior to actually vacating their chairs and need to explain the requirements and responsibilities to potential volunteers. Chairs are responsible for finding their replacements.

#### **2. *Emergency Contact***

Motion made and approved that emergency contact phone numbers should be placed on the meeting schedule that is posted on the front door.

#### **3. *Meetings & Chair Persons Board***

Motion made and approved that a new dry mark board would be mounted on the wall by Barbara M. and Don. Meetings and their chair persons will be posted.

#### **4. *8 p.m. Meeting***

Motion and approved to begin a new meeting on Thursdays at 8 p.m.

Meeting adjourned at 8:10 p.m.

Next Group Conscience Meeting to be held October 29, 2012 at 7:40 p.m.

## CYPRESS GROUP CONSCIENCE MEETING

July 30, 2012

Opened at 7:40 p.m. with the Serenity Prayer

### **Minutes**

Minutes from the group conscience held on April 30, 2012 were read by Gram J.

### **Treasurer's Report**

Treasurer's report for May 1, 2012 through July 30, 2012 was read by Missy F.

### **Old Business**

#### **1. Disabled Parking**

Motion made and approved to place the sign for handicapped parking out before each meeting. If no one has parked in the spot when the meeting is scheduled to begin, the sign will be withdrawn.

### **New Business**

#### **1. Prudent Reserve**

Motion made and approved to establish a six-month prudent reserve.

#### **2. Meeting Format**

Motion made and approved that meeting format must be approved by the group conscience, i.e. if a meeting is a discussion, Big Book Study, etc.; revoking the previous motion made on April 30, 2012 that meeting format must be approved by a meeting conscience.

#### **3. Open/Closed Meetings**

Motion made and approved that a closed meeting can be changed to an open meeting for one time only if unanimously approved by a meeting conscience.

#### **4. Additional Space**

Motion and approved to obtain additional space next door to the tire shop if a new separate lease can be obtained. This would add an additional \$1050 (rent, electricity, insurance) to our current monthly expenses.

#### **5. Electronic Devices**

Motion made to put all electronics away.



Tabled; existing rules concerning turning off the sound of all electronic devices is sufficient.

**6. *Speaker Meeting***

Motion made and approved to start a speaker meeting on the first Friday of each month at the 6:30 p.m. meeting, beginning September 1, 2012.

**7. *Change To Chair Person's Format***

Motion made and approved to change the chair person's format to ask "Is any one is attending their very first AA meeting" prior to asking "Are there any visitors who would like to be recognized."

**8. *More Open Meetings***

Tabled; all meetings on the weekends are open.

**9. *Fan Cost Reimbursement***

Motion made and approved to reimburse Missy F. \$54 for the current fan.

**10. *Additional Fan***

Motion made and approved to purchase an additional fan for \$54.

**11. *Alternate GSR***

Motion made and approved to appoint Jeanne P. as the alternate GSR.

**12. *Sign-in Sheet***

Tabled; no one present to discuss this item.

**13. *Intergroup Delegate Meeting Snacks***

Motion made and approved for the Cypress Group to pay \$75 for snacks for the Intergroup Delegate Meeting in August.

**14. *Cleaning Party***

Motion made and approved that Barbara M. would organize cleaning parties for the Cypress Group

**15. *Non-AA Bulletin Board***

Motion made and approved that no non-AA related bulletin boards can be posted.

Meeting adjourned at 8:43 p.m.

Next Group Conscience Meeting to be held October 29, 2012 at 7:40 p.m.

## Cypress Group Conscience Meeting

April 30, 2012

Opened at 7:40 p.m. with the Serenity Prayer

### Minutes

Minutes from the group conscience held on January 1, 2012 were read by Gram J.

### Treasurer's Report

Treasurer's report for January through April 2012 was read by Lance S.

1. Average monthly income: \$2295.44
2. Average monthly expenses: \$1351.90
3. Average monthly net: \$943.54
4. Reserve: \$3774.15
5. Note: private donations from individuals averaging \$598.36 a month will likely decrease significantly.

### Old Business

#### 1. *Disabled Parking*

Discussion regarding purchasing a stand-alone disabled parking sign for \$70.

Tabled

Charlie will make a sign and be reimbursed for costs.

### New Business

#### 1. *Telge Road AA/Alanon*

Discussion regarding allowing Telge Road AA to meet temporarily at the Cypress Group from June 11-July 13, 2012 at 10 a.m. on Tuesdays, Thursdays, and Friday. Further discussion allowing Telge Road Alanon to meet temporarily from June 10-July 12, 2012 at 10 a.m. (days unknown).

Motion approved.

Stacy B. will be the keyholder.

#### 2. *Big Books*

Discussion regarding the purchase of Big Books for sell to individuals. Discussion regarding Big Books for study meetings.

Tabled

Big Books will not be purchased at this time by the group for sell to individuals.

Motion approved

A book donation box will be created to obtain books for study meetings.

- 3. Cigarette Butt Can**  
Discussion regarding whether to purchase a butt can for \$48.

Tabled

Gram will make a butt pipe and be reimbursed for costs.

**4. Chairpersons' Responsibilities**

Discussion regarding chairpersons calling on individuals to share rather than allowing silence between voluntary shares and limiting chairpersons' comments during the meeting.

Motion approved

Chairpersons will call on individuals to avoid silence between shares.

Chairpersons will limit their comments during a meeting.

Tim B. will formalize the chairpersons' responsibilities.

**5. New Meeting Approval Process**

Discussion regarding whether new meetings should be approved by a group conscience.

Motion approved.

Cypress Group currently has enough meetings at the present.

**6. Sunday Noon Meeting**

Discussion regarding the creation of a Sunday noon meeting.

Motion approved

Gram J. will chair the Sunday noon meeting for May and June 2012.

**7. Sunday 5 p.m. Women's Meeting**

Discussion regarding whether to create a women's meeting on Sundays at 5 p.m.

Motion denied

**8. Meeting Format**

Discussion regarding whether meeting format should be decided at the meeting or group level.

Motion approved

Meeting format will be decided with a meeting conscience.

Meeting adjourned at 8:37 p.m.

Next Group Conscience Meeting to be held July 30, 2012 at 7:40 p.m.



January 30, 2012

First Group Conscience Meeting

The Cypress Group

Opened 7:40 PM, January 30, 2012 with the Serenity Prayer

New Business

**1. Elect trusted servants**

Chair, Co-Chair, Treasurer, Secretary, GSR and Intergroup Delegate

***Nominations Accepted***

Chair – Lance S.

Co- Chair – Tim F

Treasurer – Missy F

Secretary – Gram

GSR – Doc

Intergroup Delegates – Jim M and Jeanie

Group conscience meetings will be held quarterly – Motion made and approved

**2. Meeting Chair requirements**

Discussion on length of sobriety and length of time to chair the meeting.

Motion approved

Length of sobriety will be 6 months

Length of chairing meetings will be 2 months.

Chair person is responsible for announcing that the meeting needs a replacement. If more than one volunteer to chair the meeting. Names go in a hat to be drawn.

**3. Birthday Night**

Discussion on how we want to celebrate birthday night. Does the Saturday night chair also chair birthday night or do we want a different committee,

Motion approved

Have Saturday night chair person chair birthday night. Volunteers to get cake, balloons etc and clean up after.

**4. Alanon Meetings**

Discussion on if anyone has a problem with Alanon having a meeting at our facility.

No objection to Alanon having a meeting.

**5. Contributions to GSO, Intergroup, Seta and District**

Lots of discussion and motion was approved to send \$100 dollars after expenses divided between the 4 entities. GSO, Intergroup, Seta and District. *per month*

**6. Supplies**

Discussion on someone to volunteer to keep a handle on supplies

Toilet Paper, Paper Towels, Coffee, Creamers etc.

Vicki and Ronnie volunteered

**7. Disabled Parking**

Discussion on disabled parking. We do not have a space by the door.

Landlord will not allow us to paint so we are checking into other options.

Nicole volunteered to check into a stand alone sign.

**8. Group/Club**

Discussion on whether we wanted to have a Group and a Club or just stay a Group.

Motion approved to stay as a Group and no Club

Meeting adjourned 8:45 PM

Next Group Conscience Meeting to be held April 30, 2012

# Organizational Document for Cypress Group of Alcoholics Anonymous

## **Purpose**

The purpose of the Cypress Group is to provide a safe place for anyone (regardless of race, color, national origin, sexual preference or religion) to seek and maintain sobriety. The only requirement for membership is a desire to stop drinking alcohol. Membership is limited to individuals who have experienced problems in their life with alcohol and are looking for a means to permanently stop drinking. This group is a part of the world wide fellowship of Alcoholics Anonymous (group service # 000705528). There are no dues or fees for participation. All monies collected are based on a donation basis. Attendees are encouraged to drop a dollar or two in the collection basket as it is passed at each meeting, if they are able. There is no private benefit for funds collected.

## **Business Activities**

All sober meeting participants are encouraged to attend quarterly scheduled business meetings for the group. There is no requirement of dues to participate in business meetings. Business meetings are defined as Group Conscience meetings and are held to give a treasurer's report of financials to ensure all funds collected are distributed to pay for facilities, literature and to Alcoholics Anonymous district, area, general service office and Intergroup. Other topics at Group Conscience meetings are placed on a whiteboard by members as identified throughout the quarter (ie. Landlord parking requirements, electing volunteers to clean up or supply committees, needs of the members like more chairs etc....)

## **Fellowship**

Fellowship is a necessary part of the organization. Fellowship is defined as unity of members to obtain, continue and maintain a sober way of life. Fellowship occurs before and after each scheduled meeting. Attendees are encouraged to talk especially with new comers to assist in their obtaining sobriety. Further fellowship is encouraged at quarterly business meetings, monthly pot-luck dinners planned to support sobriety anniversaries or on a one on one basis to define how sobriety is maintained. All members are encouraged to fellowship on their own.

## **Narrative of Activities:**

Alcoholic Anonymous meetings held multiple times daily for the purpose of obtaining and maintaining sobriety. Each meeting is one hour in length and is chaired by a member of the group. Chair persons must demonstrate an ability to stay sober, maintaining at minimum 6 months of sobriety. Meetings were started January 2012 at this location (11508 Cypress, North Houston Rd., Cypress, TX 77429) using the name Cypress Group.

### **Activities:**

Meetings held twice daily 7 days a week. Current schedule:

12:00 p.m. daily

6:30 p.m. daily

Meetings are conducted by a sober member of the group with at minimum 6 months of continuous sobriety.

Meetings are 100% of the purpose for the group.

All meeting chairpersons and members are there on a voluntary basis. Donations are made on a voluntary basis (there are no dues or fees). All funds collected are used to support the facilities, purchasing literature for distribution and making donations to the District, Area, General Service Office and to Intergroup. The group does not maintain balances greater than a prudent reserve to pay the lease, electric and insurance.

## Board Organization

All positions are considered trusted service positions and rotate on an annual basis. The following document was distributed to elect the current trusted service (board) positions.

The following positions will be voted on at the Group Conscience meeting, Monday, January 30<sup>th</sup>, 2012. If interested and qualify for a position, please place your name and position on the whiteboard.

- 1) Three years of sobriety for chair & co-chair person and treasurer
- 2) One year of sobriety for all other position
- 3) Actively participating in Cypress Group meetings
- 4) Term 1 year
- 5) Positions to fill:
  - Chair person
  - Co-chair person
  - Secretary
  - Treasurer
  - GSR
  - Intergroup Delegate

Chairperson and co-chairperson - Coordinate activities with other group officers and other members actively participating in service roles. Knowledgeable about traditions especially keeping Tradition One.

Secretary - keep detailed minutes of Group Conscience meetings, publish minutes for member review, maintain the telephone lists, notify GSO and intergroup of changes (ie. meeting times or types).

Treasurer – Maintains clear records and keeps the group informed about how much money is taken in baskets, donations, etc. Keeps record of expenses, pay bills on time. Makes periodic reporting to the group and posts financial statements. Makes payments to Intergroup, GSO, AREA and district as agreed by group.

GSR - Represents the group at district meetings and area assemblies. Keep group members informed about general service activities. Keep group informed about GSO activities (ie. Box 459)

Intergroup Delegate - participates in bi-monthly meetings at Intergroup and keeps the group informed about what is happening at the local level.

\*Information gathered from GSO pamphlet – 16 “The AA Group Where It All Begins”