

## CYPRESS GROUP AA - ZOOM MEETING PREAMBLE

This is a closed (an open) Zoom meeting of the Cypress Group of Alcoholics Anonymous. My name is \_\_\_\_\_ and I am an alcoholic.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution, does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Please join me in a moment of silent prayer or meditation followed by the Serenity Prayer.

This is a closed (an open) meeting of Alcoholics Anonymous. We ask in support of our Twelfth Tradition which states, in part, that anonymity is the spiritual foundation of all our traditions that who you see here and what you hear here, please let stay here. In support of A.A.'s singleness of purpose, we ask that when discussing our problems, we confine ourselves to those problems as they relate to alcoholism.

Are there any announcements?

We request that, once the meeting is underway, everyone keep their devices on mute until you share or are called on to share. If you need to move around or are driving, we ask that you pause the video and use audio only to help minimize the distraction to other meeting attendees. To protect the anonymity of group members, we ask that you wear ear buds, headphones, or headset if you are in a public place.

Is there anyone attending their very first A.A. meeting?

Do we have any visitors to the group who wish to be recognized?

\_\_\_\_\_ has volunteered to read \_\_\_\_\_.

### **Chairperson reads the tradition of the month.**

Whoever is available to sponsor, would you please text "Available" in the Zoom chat.

Please limit your sharing to no more than 3 minutes AND please no crosstalk.

In accordance with AA's 7<sup>th</sup> tradition, which states that every AA group ought to be fully self-supporting, declining outside contributions, about halfway through the meeting we will be placing the email address\* in the group chat to which contributions to the group can be sent via Paypal, Venmo or Zelle Pay. For a complete schedule of Cypress Group Zoom and in-person meetings, as well as other group events and announcements, please visit our website, [cypressgroupaa.org](http://cypressgroupaa.org).

**\*Email: [cypressgroupaa@gmail.com](mailto:cypressgroupaa@gmail.com)**

Please remember that the lack of profanity will offend no one, nor will profanity improve your story.

---

We are now at the end of the meeting. Is there anyone celebrating a sobriety milestone today, or celebrating years of sobriety during this month? Please raise your hand.

Now we will close with the Lord's Prayer. Please place yourselves on mute while \_\_\_\_\_ takes us out.